

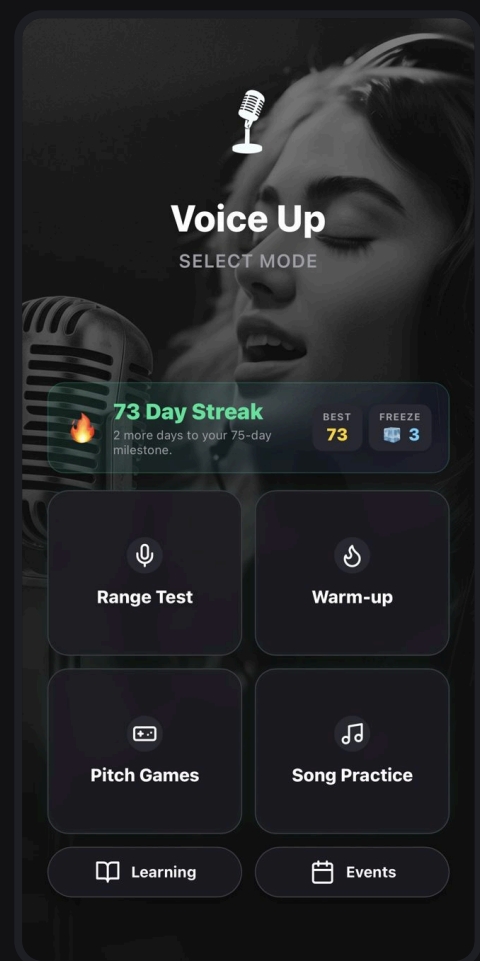
USER GUIDE

Get the most from Voice Up

Your pocket vocal coach, explained step by step. Find your range, warm up, train your pitch and track your progress.

Download on the App Store

Get it on Google Play



#00 Getting started

Everything starts from the home screen. Free features come first in this guide, then Premium.

Contents

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| 0. Getting started | 5. Song Practice (Premium) |
| 1. Home screen and streaks | 6. Learning (Free) |
| 2. Range Test (Free) | 7. Events (Free) |
| 3. Warm-up (Free) | 8. Troubleshooting |
| 4. Pitch Games (Premium) | |

New here? Try this first

- 1 Take the **Range Test** to find your voice type.
- 2 **Warm up** for 15 minutes before any practice.
- 3 Train with **Pitch Games** or test yourself with the **Quiz**.
- 4 Add an **Event** to get practice reminders.

Before you sing

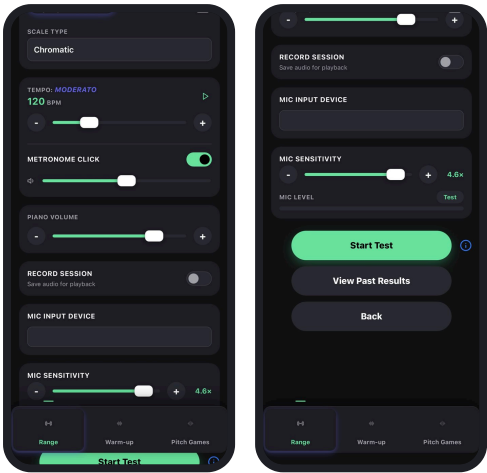
- ☐ **Use headphones.** The app plays notes while it listens, and headphones stop them leaking into the mic.
- ☐ **Allow microphone access** when your phone asks.
- ☐ **Find a quiet spot** so background noise isn't picked up as singing.
- ☐ **Stay comfortable.** Never strain for a note; sip water between exercises.

Features at a glance

FEATURE	WHAT IT DOES	YOU	ACCESS
Range Test	Finds your lowest and highest notes and your voice type	SING	FREE
Warm-up	Eight guided routines to get your voice ready	SING	FREE
Pitch Games	Four scored games for pitch, agility, ear and breath	SING TAP	PREMIUM
Song Practice	Record songs and layer up to five harmony tracks	SING	PREMIUM
Learning	Glossary flashcards and topic quizzes	TAP	FREE
Events	Practice reminders for auditions and performances	TAP	FREE

COMMON SETTINGS

These settings appear in Range Test, Warm-up, Practice Runs and Song Practice. They work the same way everywhere, so they're explained once here.

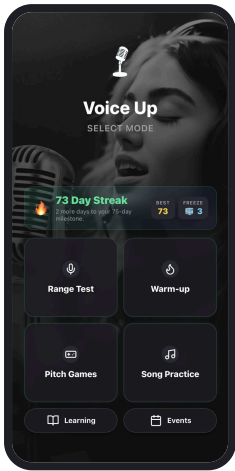


Tempo	How fast notes change. Use - + or the slider; tap ▷ to preview. Go slower if you need more time per note.
Metronome click	A click on each beat. Switch on or off and set its volume.
Piano volume	How loud the guide notes play.
Record session	Saves your audio so you can listen back.
Mic input device	Which microphone to use, e.g. your headphone mic.
Mic sensitivity	Raise it if you're not being picked up; lower it in a noisy room. Tap Test and sing to see the Mic level bar move.

The tabs at the bottom (**Range, Warm-up, Pitch Games**) switch modes without going back to the home screen.

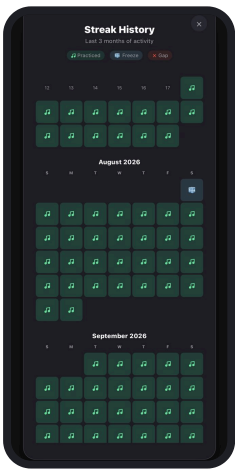
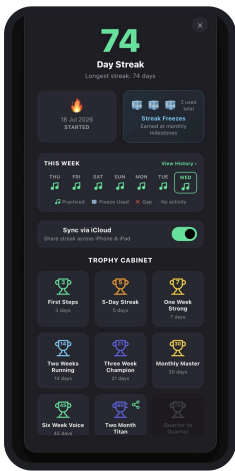
#01 Home screen and streaks

Tap a tile to open a feature. Tap ← **Menu** inside any feature to come back here.



What's on the home screen

Streak card	Days in a row you've practised and your next milestone
Best	Your longest streak ever
Freeze	Saved streak freezes; one protects your streak if you miss a day
Range Test · Warm-up	FREE
Pitch Games · Song Practice	PREMIUM
Learning · Events	FREE



Your streak

Tap the streak card to see it in detail. Any practice session on a day counts.

- **Started:** the date your current streak began.
- **Streak Freezes:** earned at monthly milestones and used automatically if you miss a day.
- **This Week:** $\text{♫ practised} \cdot \text{ice cube} = \text{freeze used} \cdot \times = \text{gap}$.
- **Sync via iCloud:** keeps your streak the same on iPhone and iPad.
- **Trophy Cabinet:** trophies at 3, 5, 7, 14, 21, 30, 45, 60 and 75 days. Tap the share icon to show one off.
- **View History:** your last three months as a calendar.

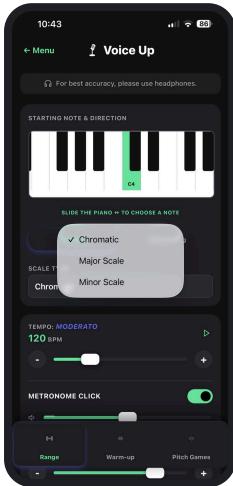
#02 Range Test

FREE

SING

The app plays notes one at a time and listens as you sing them back. At the end you get your range, voice type and strongest notes.

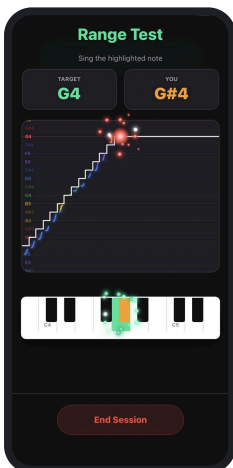
SET UP



Tap **Range Test**, read the intro and tap **Continue**.

1. **Starting note:** slide the piano to choose where to begin (C4 here). Pick a note that feels easy.
2. **Direction:** **Ascending** goes up from your note; **Descending** goes down.
3. **Scale type:** **Chromatic** (every note, most detailed), **Major Scale** or **Minor Scale**.
4. Check the common settings, then tap **Start Test**. **View Past Results** shows earlier tests.

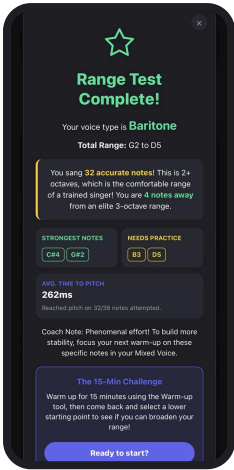
SING



1. **Target** shows the note to sing; **You** shows the note the app hears.
2. The white staircase is the target. Keep your coloured line on it.
3. The piano shows the target key in green and your note in orange if you're off (here G#4 against a G4 target).
4. Carry on until notes feel uncomfortable, then tap **End Session**.

Never strain to reach a note. Your range grows with regular warm-ups.

YOUR RESULTS



Voice type	The classification your range fits best, e.g. Baritone
Total range	Lowest to highest note, e.g. G2 to D5
Accurate notes	Notes you hit, and how close you are to a 3-octave range
Strongest notes	Notes you hit most accurately
Needs practice	Notes to focus on in warm-ups
Avg. time to pitch	How quickly you land on each note

The 15-Min Challenge: warm up for 15 minutes, then tap **Ready to start?** and retest from a lower starting note to see if your range has grown.

#03

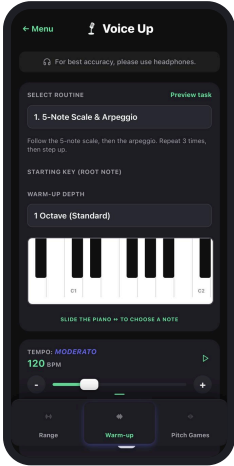
Warm-up

FREE

SING

Guided routines that gently stretch your range. Warm up before a Range Test, a game or a song for better results.

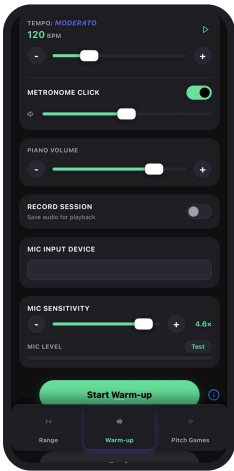
SET UP



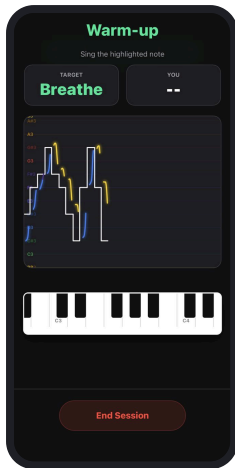
Tap **Warm-up**, read the intro and tap **Continue** .

- 1. **Select routine:** pick one of eight routines. A short description appears underneath. Tap **Preview task** to hear it.
- 2. **Warm-up depth:** how far the routine climbs, e.g. **1 Octave (Standard)**.
- 3. **Starting key:** slide the piano to a comfortable root note.

ROUTINE	GOOD FOR
1. 5-Note Scale & Arpeggio	A gentle all-round start
2. Triplet Control Pattern	Rhythm and control
3. Fifth Interval Glides	Smooth jumps between notes
4. Octave Glides	Stretching across your range
5–8. Major, Minor, Pentatonic, Blues Scale	Scale practice in different styles



- 4. Set tempo, metronome, volume and mic (see common settings).
- 5. Tap **Start Warm-up** . The blue i shows the instructions again.

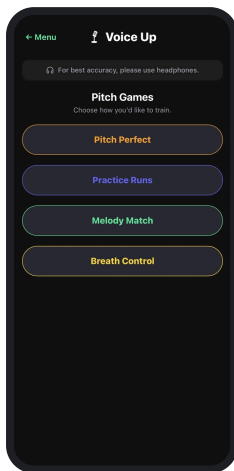


1. The white line shows the pattern of notes, going up and down.
2. Your voice is the coloured line. Follow the white line as closely as you can.
3. When **Target** says **Breathe**, take a breath ready for the next pattern.
4. Tap **End Session** when you're finished.

Switch on **Record session** to save your warm-ups and hear your progress over time.

#04 Pitch Games PREMIUM

Four scored games with leaderboards. Each one below follows the same steps: set up, play, results.



Choose a game

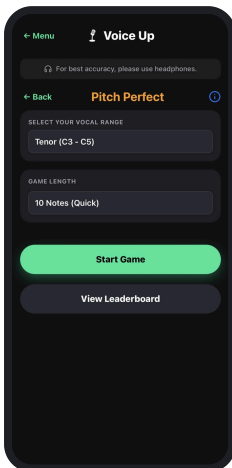
Tap **Pitch Games** on the home screen, then choose how you'd like to train. Each game shows a short intro; tap **Get Started**.

GAME	TRAINS	YOU
Pitch Perfect	Ear and accuracy	SING
Practice Runs	Agility across a run of notes	SING
Melody Match	Your ear, no singing needed	TAP
Breath Control	Breath support and steadiness	SING

Pitch Perfect SING

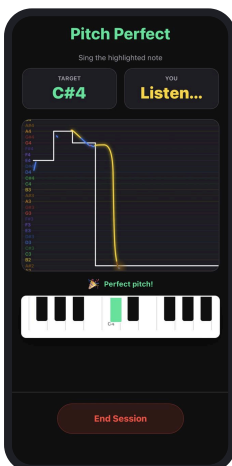
A random note plays within your range. Sing it back as quickly and accurately as you can.

SET UP



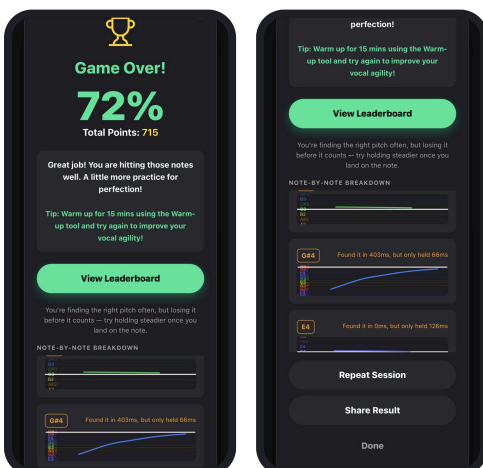
1. Select your vocal range, e.g. Tenor (C3 – C5). Use your Range Test voice type if unsure.
2. Game length, e.g. 10 Notes (Quick).
3. Tap **Start Game**. **View Leaderboard** shows top scores.

PLAY



1. Target shows the note; You says **Listen...** while it plays.
2. Sing it back. Move your coloured line onto the white target line.
3. Hold it until you see **Perfect pitch!** and the key lights green.

RESULTS

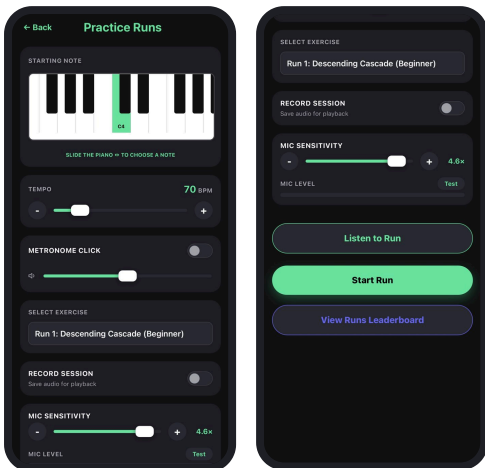


- **Percentage** is your accuracy; **Total Points** is your score.
- The **Tip** tells you what to work on next.
- **Note-by-note breakdown:** e.g. "Found it in 403ms, but only held 66ms" means you reached the note but didn't hold it long enough.
- **View Leaderboard** · **Repeat Session** · **Share Result** · **Done**

Practice Runs SING

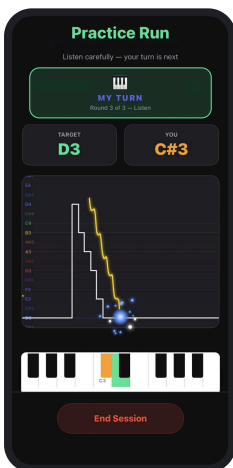
The piano plays a short run of notes and you sing it back, over 3 rounds. Builds vocal agility and pitch precision.

SET UP



1. **Starting note:** slide the piano to a root note that fits your voice.
2. **Tempo:** start slow (e.g. 70 BPM), then speed up.
3. **Select exercise:** Run 1 Descending Cascade (*Beginner*), Run 2 Up & Out Loop (*Intermediate*) or Run 3 R&B Turnaround (*Advanced*).
4. Tap **Listen to Run** to preview, then **Start Run**.

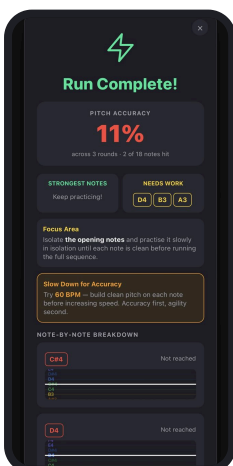
PLAY



1. **MY TURN:** the piano plays the run. Listen.
2. **YOUR TURN:** sing it back, keeping your line on the white target.
3. This repeats for 3 rounds.

Use headphones so the mic doesn't pick up the piano.

RESULTS

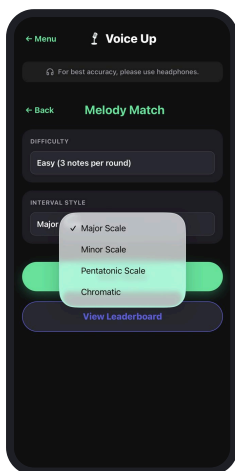


- **Pitch accuracy** across the 3 rounds, with how many notes you hit.
- **Strongest notes** and **Needs work**.
- **Focus Area:** which part of the run to practise on its own.
- **Slow Down for Accuracy:** a suggested tempo if you were rushing.
- **Note-by-note breakdown:** **Not reached** means you didn't land on that note.

Melody Match TAP

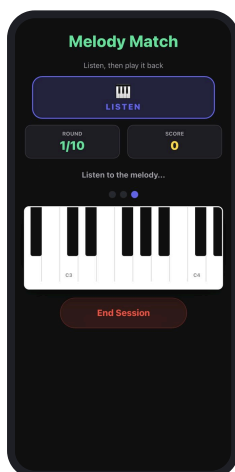
Listen to a short melody, then tap it back on the piano. The only game with no singing, so you can play it anywhere.

SET UP

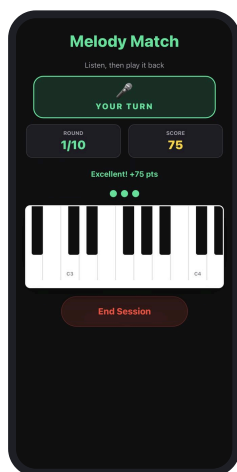


1. **Difficulty:** Easy (3 notes per round), Medium (4) or Hard (5).
2. **Interval style:** Major, Minor, Pentatonic or Chromatic. Chromatic is hardest.
3. Tap **Get Started** . **View Leaderboard** shows top scores.

PLAY AND RESULTS



LISTEN



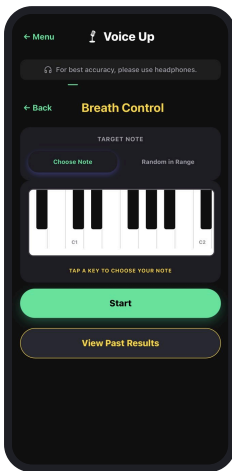
YOUR TURN

1. **LISTEN** (purple): the melody plays. The dots light up, one per note.
2. **YOUR TURN** (green): tap the keys in the order you heard them.
3. Keys flash green when right and red when wrong. A key right next to the correct one is forgiven as a small slip.
4. Points for speed and accuracy, e.g. **Excellent! +75 pts**, over 10 rounds. **Score** shows your total.

Breath Control SING

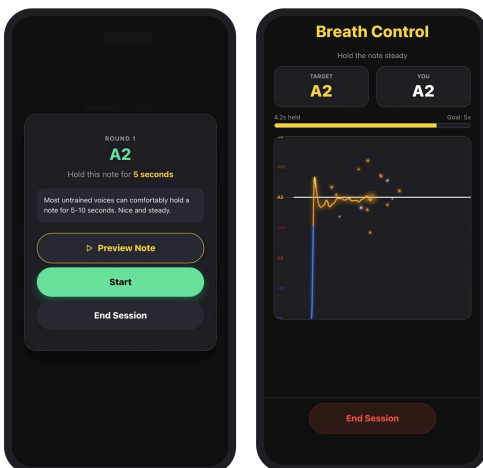
Hold one note steady for longer and longer: 5 seconds in round 1, then 3 seconds more each round.

SET UP



1. **Target note:** tap **Choose Note** and tap a key, or tap **Random in Range**.
2. Tap **Start**. **View Past Results** shows earlier sessions.

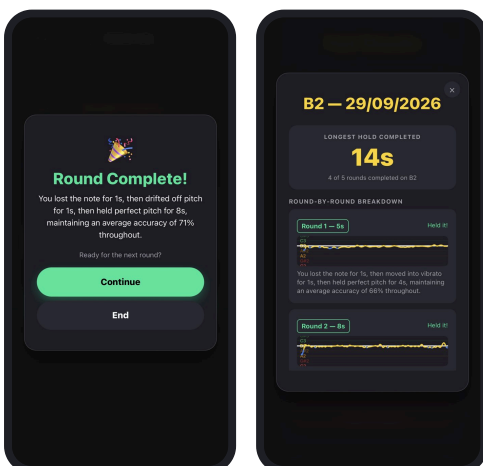
PLAY



1. Each round shows your note and target time, e.g. **Hold this note for 5 seconds**.
2. Tap **Preview Note** to hear it, then **Start**. A short countdown follows.
3. Hold the note. The yellow bar fills towards the goal (e.g. **4.2s held · Goal: 5s**).

Sip water between rounds and don't push past what feels comfortable.

RESULTS



- **Round Complete!** summarises how steady you were. Tap **Continue** for a longer round or **End**.
- **Longest hold completed** is your best time, with rounds completed.
- **Round-by-round breakdown** shows when you lost the note, used vibrato or held perfect pitch. **Held it!** means the round was completed.

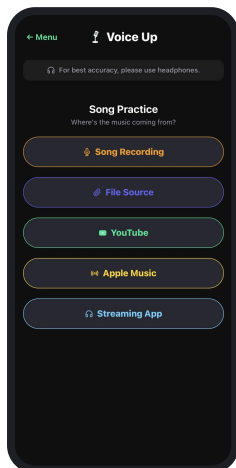
#05 Song Practice

PREMIUM

SING

Record your voice on its own or over a backing track, and build harmonies by layering up to five tracks.

SET UP



Tap **Song Practice**, read the intro and tap **Get Started**. Then choose where the music comes from:

Song Recording

Sing with no backing and layer your own harmonies

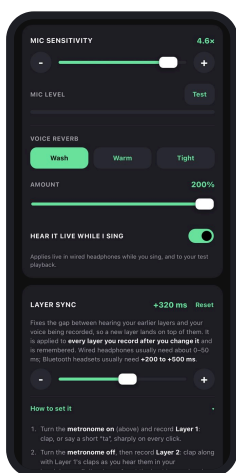
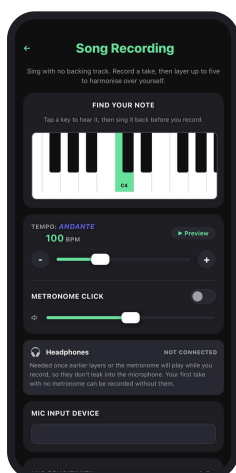
File Source

An audio file on your device

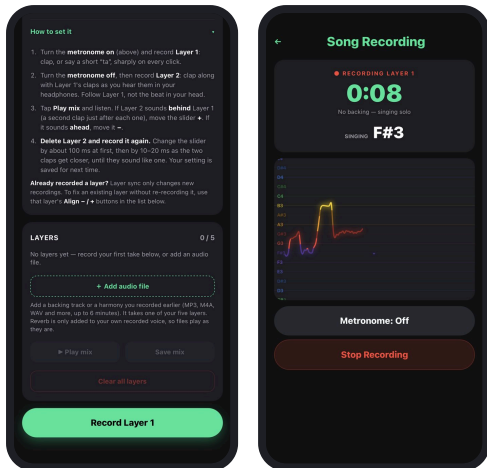
YouTube · Apple Music · Streaming App

A song from one of these

The steps below use **Song Recording**.



1. **Find your note:** tap a key to hear it, then sing it back.
2. **Tempo and metronome:** tap **Preview** to hear the speed.
3. **Headphones:** needed once earlier layers or the metronome play. Your first take without a metronome can be recorded without them.
4. **Voice reverb:** **Wash**, **Warm** or **Tight**, plus **Amount**. **Hear it live while I sing** works in wired headphones.
5. **Layer sync:** lines new layers up with earlier ones. Wired headphones usually need 0–50 ms; Bluetooth +200 to +500 ms. Tap **How to set it** for a quick clap test.



1. Tap **Record Layer 1** and sing, or **+ Add audio file** for a backing track (MP3, M4A, WAV and more, up to 6 minutes; uses one layer).
2. While recording you'll see the timer, the note you're **Singing** and a live pitch graph. Tap **Stop Recording** when done.
3. Record more layers. Earlier layers play in your headphones so you can harmonise.
4. Nudge a layer's timing with its **Align - / +** buttons.

Mix and save: tap **Play mix** to listen. Adjust each layer's volume and timing, mute or solo layers, then tap **Save mix** to save an audio file.

Clear all layers starts again.

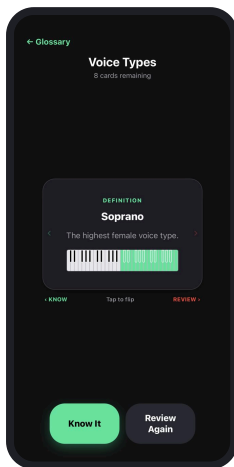
#06 Learning

FREE

TAP

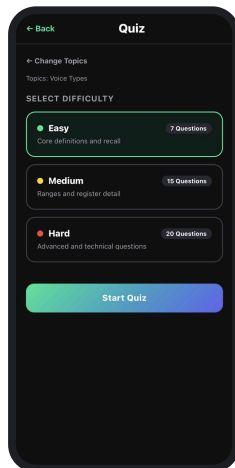
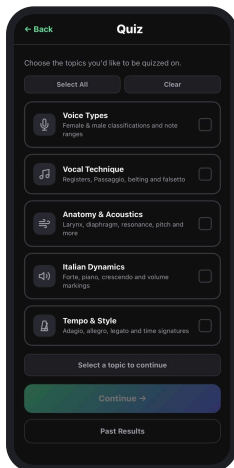
Learn singing terms with glossary flashcards and topic quizzes. No singing needed.

GLOSSARY FLASHCARDS



1. Tap **Learning**, then choose a glossary topic such as **Voice Types**. The top shows cards remaining.
2. Read the card; voice type cards show that voice's range on a mini piano. Tap to flip.
3. Tap **Know It** (or swipe left) or **Review Again** (or swipe right).

QUIZ SET UP

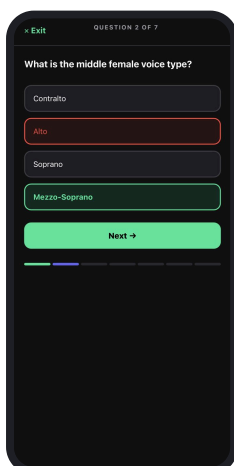


1. Tick topics: **Voice Types, Vocal Technique, Anatomy & Acoustics, Italian Dynamics, Tempo & Style**. Tap **Continue**.

2. Choose a difficulty, then **Start Quiz**:

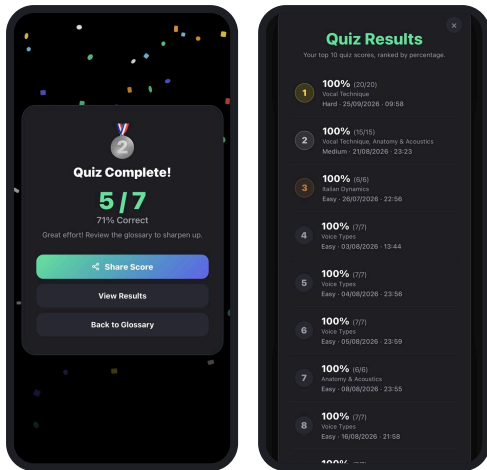
LEVEL	QUESTIONS	COVERS
Easy	7	Core definitions and recall
Medium	15	Ranges and register detail
Hard	20	Advanced and technical

ANSWER



1. Tap an answer, then **Submit**.
2. The correct answer turns green; a wrong choice turns red. Tap **Next →**.
3. The bar at the bottom shows progress. **Exit** leaves the quiz.

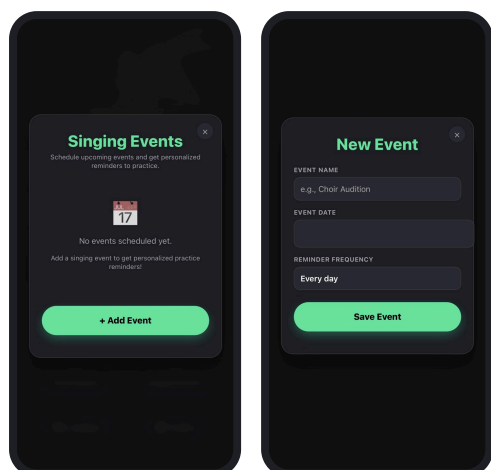
RESULTS



- **Quiz Complete!** shows your score, percentage and a medal.
- **Share Score** previews a card to share. **View Results** shows past scores. **Back to Glossary** to revise.
- **Past Results** (on the topics screen) lists your top 10 scores with topic, difficulty and date.

#07 Events FREE

Add an audition, concert or other performance and get personalised reminders to practise.



1. Tap **Events**, then **+ Add Event**.
2. Enter the **Event name**, e.g. Choir Audition.
3. Pick the **Event date**.
4. Choose a **Reminder frequency**, e.g. Every day.
5. Tap **Save Event**. Reminders will follow until the day.

#08 Troubleshooting

Quick fixes for the most common problems.

PROBLEM	TRY THIS
The app doesn't hear me	Allow microphone access in your phone settings, choose the right Mic input device , raise Mic sensitivity and tap Test .
My note jumps around	Use headphones, move somewhere quieter or lower Mic sensitivity .
Notes change too fast	Lower the Tempo .
Piano too loud or quiet	Adjust Piano volume .
Song layers are out of time	Set Layer sync , or use a layer's Align – / + .
Pitch Games or Song Practice won't open	These need a Premium subscription.
Melody Match or Quiz ignores my mic	That's expected: they don't use the microphone.

A simple daily routine

Warm up for 15 minutes, play a Pitch Game or practise a song, and retest your range every few weeks. Practising every day builds your streak and unlocks trophies.

Still stuck? Watch short demos on YouTube or TikTok.

Voice Up · Your pocket vocal coach

voiceup.info

[Instagram](#)

[TikTok](#)

[YouTube](#)